

AMAL UNITE & EMPOWER



December 2025 Newsletter



A Cozy Meetup. A wonderful community.

This month, we are pleased to announce that we hosted a wonderful Connector Meetup organized by our Industry Engagement Specialist and Connector Program Organizer, Stacy Johnson.

Amal Unite & Empower is the proud host of the National Connector Program in Newfoundland and Labrador. The program consists of matching community leaders and established professionals to newcomers. Once a connection is established, the connector and the connectee meet for a brief chat. After that, the connectee gets referred to 3 more connectors to repeat the process, which expands their professional networks.

It was a highly engaging event that provided an excellent opportunity for the Amal Unite & Empower staff and our connectors to discuss immigration, the job market in St. John's and across Newfoundland and Labrador, and effective ways to support newcomers in

expanding their professional networks and securing meaningful employment — all while enjoying a warm cup of coffee in a welcoming space.

The entire team at Amal Unite & Empower would like to extend our sincere appreciation to all our dedicated connectors for their continued commitment to broadening our participants' networks. Your efforts and genuine care for this initiative have made a **tangible** and **positive** impact on the professional lives of those involved in the program.

Unite & Empower Team

In this edition you'll find:

Connector
Program Meetup

Clothing Drive

Melodies &
Movement

Jiggs Dinner



Last week, Amal Unite & Empower partnered with The Harbour for a successful Winter Clothing Drive!

We collected gently used winter gear to stock The Boutique by Amal — a space where newcomers can access what they need to fully participate in and prepare for the Canadian winter season.

From snow pants and waterproof jackets to hockey skates, high-vis vests, and winter boots, every item you donated helped someone feel equipped for the St. John's weather.

We are, once again, **extremely grateful** to everyone who contributed to this initiative. Your generosity truly makes a difference.



Bloom United in Music

Our monthly office concert series bringing together local artists from around the world to share their sounds, stories, and cultures. Our next concert will feature Ocean Bound! A musical partnership of Julien Bouchard and Kristen English an alternative-folk duo whose shimmering harmonies and genre-spanning repertoire enchant audiences across Canada. 📅 Sat, Dec 20, 7PM - 9PM

📍 7 Ricketts Road | Refreshments provided



Jiggs Dinner

Celebrate NL traditions with a Jiggs Dinner, holiday treats, crafts, and family-friendly cultural fun. Jiggs Dinner is a deeply traditional, hearty meal in Newfoundland and Labrador. It is a popular Sunday or holiday meal, reflecting a strong sense of family connectedness and our historical influences from Ireland, England and Scotland.

📅 Sunday, December 14 | 🕒 2:00–6:00 PM





Soccer Drop-In

Kick off your weekend with adult soccer drop-in at 7 Ricketts Rd! Open to all skill levels and genders, these inclusive, fun-filled games promote fitness, community, and language practice in a supportive space.

📅 Every Saturday, 10AM - 12PM



Pilates Classes

Join us for Community Pilates Classes for a beginner-friendly weekly class that's all about mindful movement, connection, and taking time for yourself. Bloom by Amal Unite & Empower has teamed up with The Cross Sea Academy of Movement Education to offer this unique opportunity to care for your body and unwind on Tuesday afternoons. Registration is required.



Beginner & Advanced Bachata Classes

Unlock the passion of dance! We're offering Bachata dance classes every Friday at 7 Ricketts Rd. Beginner Class is from 6 PM to 6:45 PM and Advanced class is from 6:45 PM to 7:30 PM. It's all about fun, rhythm, and community. Don't worry about bringing a partner, just bring your dancing shoes!

BEGINNERS



ADVANCED



Bachata End of Year Social Celebration

Join us on Friday, December 19th for a special end-of-year gathering where our Beginner and Advanced Bachata classes come together to celebrate community, connection, and a wonderful year of dancing!

6:00 PM - 7:30 PM

